

# Message from the Chair



Tuesday, 1st December 2009 is a date that will be forever etched in our memories because it is the date that we formally announced that Liverpool Heart and Chest Hospital had become an NHS Foundation Trust.

Across the Trust the elation was clear to see and it would be remiss of me not to start our first members' newsletter as an NHS Foundation Trust by thanking, first and foremost, our staff. Their hard work was incomparable, their loyalty continuous and their sheer determination to ensure that we achieved Foundation

Trust status undeterred whilst at the same time delivering a first class patient experience with safety and clinical excellence.

Becoming a Foundation Trust is a proud achievement for our hospital and I'm pleased that our members, represented by our Council Members will have a big part to play in our future.

As you will see from the front page of this newsletter we recently received the fantastic news that we have again been named the top performing hospital in the U.K for 'Overall Patient Care' in the Care Quality Commission's National Inpatient Survey. This is a fantastic achievement for the hospital as this survey is one completed by our patients and has demonstrated that they have spoken very highly of the care that we provide here at Liverpool Heart and Chest Hospital. You will also notice that we have been rated 'Excellent' for keeping our hospital environment clean and the quality of the food we provide whilst our patients are in our care. This is testament to the hard work that is undertaken here on a daily basis and the staff strive ensuring that we keep infection rates to an absolute minimum.

In the past six months there have been a number of changes to our Council of Members. In particular Eddie Barnes, Council Member for Mersevside Constituency, who had been a well known volunteer for many years, sadly passed away in February of this year. Eddie had worked tirelessly for the Trust on a voluntary basis and his dedication to this Trust was clear for all to see. Eddie will be sadly missed by many of us and I wish to pay tribute to him for his outstanding loyalty to this Trust.

Debbie Mawson has joined us as a Council Member for the Merseyside Constituency. Debbie is no stranger to the hospital and is a member of the Formby Friends Fundraising Group which raises valuable funds for the Liverpool Heart and Chest Hospital Appeal. For the North Wales Constituency we were sad to receive the resignation of Malcolm McAdam and I'd like to take this opportunity to welcome Roy Griffiths as the new Council Member for this area. Roy brings with him a wealth of experience and we look forward to working more closely with him in the future.

Councillor Roger Johnston's term of office as our Nominated Council Member for our Partner Organisation, Liverpool City Council has now come to an end. I'd like to record my thanks to Roger for his support to date and welcome Councillor Richard McLinden who has now joined the Council in his place.

There has also been a change in our Staff Constituency following the resignation of Carol Birch. I'd like to record a big thank you Carol for her time and great dedication to date. In Carol's place we have welcomed Ron Arrowsmith, Supplies Manager as Council Member for the Non Clinical staff classification. Ron brings with him much enthusiasm in representing this particular group of staff and is looking forward to 'getting stuck in'. Members of staff can contact Ron by calling Ext. 1414 or by emailing Ronald.Arrowsmith@lhch.nhs.uk.

All Council Members can now be contacted via the online form on the Trust's website

http://www.lhch.nhs.uk/aboutus/foundation\_trust/Introducing\_our\_Council\_ of Members.asp or via the Trust's Membership Office on 0151 600 1410 or by emailing membership.office@lhch.nhs.uk

Thank you. Neil Large, Chair

## **Dates for your Diary**

### 'Meet your Council Member'

Tuesday 7th September 2010, 2pm, CADWA Club, Rocky Lane

If you are a member from the Merseyside area then why not come along to an open surgery out in the community with your Council Members. Your Council Members want to hear your views and speak to you about what is important to you for the future of our hospital.

In addition to this Jan Naybour, Cardiac Rehabilitation Nurse will provide a short talk to members regarding after care following treatment for heart conditions. To book your place please contact the Membership Office on 0151 600 1410 or by emailing membership.office@lhch.nhs.uk

### 'Heart failure, devices and remote management'

Wednesday 15th September 2010, 7pm start

Liverpool Heart and Chest Hospital NHS Foundation Trust is pleased to invite members to a free health event held at the Venue Cymru,



This educational event, 'Heart failure, devices and remote management' will be presented by Consultant Cardiologist, Dr. Archana Rao (pictured). During the event she will highlight how the devices work in selected patients with heart failure and some of the cutting edge treatments that Liverpool Heart and Chest Hospital offers as a leading specialist in this field.

Dr. Rao will discuss the benefits of these systems and will explain how they give patients greater

freedom. By using devices and remote management visits are reduced to an absolute minimum - without a reduction in device monitoring and patient safety. Patients receive more frequent check ups because although the number of hospital visits is reduced from two to one per year, three remote checks are also provided. As a result of this service patients receive improved quality of care and greater patient access to these check ups.

Dr. Rao said, "When patients are diagnosed with heart failure they are often frightened that life as they know it will stop and be replaced by constant hospital visits. At this event I will explain how devices in some patients with heart failure and subsequent remote management can improve quality of life and reduce the time spent visiting hospitals."

After the presentation there will be an opportunity for people to ask any questions they may have regarding this subject.

You can book a place on this event by calling the Trust's Membership Office on 0151 600 1410 or by emailing membership.office@lhch.nhs.uk. Non-members can also attend this event and will be invited to register as a member at the time of booking.

### **Annual Members Meeting 2010**

### Tuesday 28th September 2010, 4pm

This year's Annual Members Meeting will take place within the Trust's Ben Meade Lecture Theatre at 4pm on Tuesday 28th September. At this meeting we will present our annual report and accounts along with our quality accounts and discuss our future plans with members. There will also be an opportunity for members to ask any questions they may have to the Trust's Board of Directors.

If you would like to attend please contact the Membership Office on 0151 600 1410 so we can ensure that you receive a copy of reports and quality accounts prior to this meeting. If you are not already a member and would like to be then you can register by visiting our website www.lhch.nhs.uk

# **Membership Surveys**

We recently carried out a number of e-surveys to members that have provided us with email addresses. Thank you to those of you that took the time to complete these which covered issues relating to quality and patient safety; corporate and social responsibility and our three year vision for patient experience where we asked members to comment on various elements of the patient vision for 2013 (which is detailed on page 6 of this newsletter). 294 members completed the survey and the responses overall were strongly in favour of our patient vision for 2013:

- 93% felt the 'assessment day' in the vision would add value to their experience
- · 88% would feel reassured by a contact nurse taking them through their
- 66% would find a patient contract detailing what they could expect from the experience useful (23% wouldn't mind)
- 93% of members were in favour of our patient vision and overall, comments received were very positive. A few examples of comments received are below:

"All tests on one day would be SUPERB. This would save travelling and worry - there's nothing like worry for making things worse."

"An overall timetable of what to expect relaxes patients."

"With the Liverpool Heart and Chest Hospital already a centre of excellence in my view, the proposed vision could make new patients' visits a seamless worry free experience in a hospital that would be the envy of the NHS."

# **Heart health event in North** Wales is great success

In March the Trust held a free heart health event in conjunction with Wrexham Health Support Groups at the Wrexham Medical Institute. The event, open to members, featured Dr. Johan Waktare, Consultant Electrophysiologist who presented on the topic 'When your heart rhythm' goes wrong' where he explained the various heart rhythm conditions and treatments available. The event was also an ideal opportunity for the Trust to recruit new members for the Trust from this area, whilst raising awareness of LHCH and the services we provide.



Gwyndaf Owen from Wrexham Health Support Groups pictured with Council Members Mandy Jones, Vera Hornby, Mike Brereton and Roy Griffiths who is part of the Wrexham Health Support Groups as well as a Council Member for North Wales.

# **Moving House?**

Moved house? If so, please remember to notify us of your new address to ensure we continue to be able to communicate with you.

To update your details with us please contact the Membership Office on 0151 600

1410 or by emailing membership.office@lhch.nhs.uk



Please help us improve our carbon footprint and reduce costs by choosing to receive membership communications by email rather than post.

You can do this by emailing membership.office@lhch.nhs.uk with your contact details and email address so we can amend our database accordingly to ensure we communicate with you electronically. Thank you.



# Suggest a Friend

Liverpool Heart and Chest Hospital would still like to recruit more members from an area near you! If you have a member of the family, friend or perhaps a colleague who would be interested in becoming a member then please pass on the below registration form to them to complete remember to fill in the 'Recommended by' section so we can enter you into the free prize draw to win a £20 Love2Shop voucher.

Mv Postcode:

Postcode:

Gender:

Reco	mmo	ndoc	I Byy
Neco	111111	Huct	ı Dv.

My Name

My Address:

My Contact Number:

My Friend:

Name: Address:

Email:

Contact Number

Date of Birth: Ethnic Group:

Signature:

Please return this form to the Membership Office, Liverpool Heart and Chest Hospital NHS Foundation Trust FREEPOST RRLL-KSHT-ZLKE Thomas Drive

Liverpool L14 3PE

# **Trust launches new Knowsley Community** Cardiovascular Disease (CVD) Service

April saw the launch of our Trust's new Community CVD service. The three year scheme, commissioned by NHS Knowsley, is dedicated to improving access to cardiovascular disease services for the Knowsley community by providing one-stop assessments, diagnosis and treatments, ongoing management of patients with diagnosed cardiovascular diseases, cardiac rehabilitation services and community stroke rehabilitation, all via GP referral.

The current assessment centres involved are The Halewood Centre, Halewood; Longview Primary Care Resource Centre, Huyton; Tower Hill Primary Care and Community Resource Centre, Kirkby.

This service is unique to

Hospital because it is the

taken our specialist heart

Merseyside community.

Medical Director, said:

Dr. Glenn Russell, LHCH

"This is an excellent and

unique opportunity for our

Hospital to become more

involved in the

communities we serve. Heart disease

first time that we have

services out into the



Dr Joe Mills. Consultant Service Clinical Lead

Sir Bruce met with staff involved in the new service including its clinical lead, Dr Joe Mills, along with the first patient to benefit from the service, Mr. Stephen Cawley.



Mr. Cawley spoke of the new service: "I have been in a number of hospitals throughout my life and they make me feel really anxious. It's fantastic that I can receive this service in my GP surgery as this makes me feel so much more at ease."

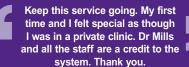
Rosemary Hawley, MBE, Chair of NHS Knowsley recently paid a visit to the Tower Hill Centre to see first hand the difference the CVD Service is making to the local community and to meet some of the patients it is benefiting.

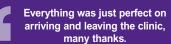
Dr. Mahmud Naffati, Consultant Cardiologist for the Community Cardiovascular Service, showed Rosemary around the facilities and introduced her to members of the specialist team who were on hand to describe the very latest equipment being used. Rosemary was very keen to praise the service, describing it as both modern and traditional, combining state-of-the-art technology with a very personal way of delivering the service.

The feedback from this service to date has been really positive - below are a number of comments received from patients that have experienced this new service:

- and was looked after extremely well
- Keep this service going. My first time and I felt special as though I was in a private clinic. Dr Mills and all the staff are a credit to the system. Thank you.

I received an excellent service







Dame Jo Williams, Chair of the Care Quality Commission (CQC), visited the Trust recently having expressed an interest in our hospital and the services we provide.

Dame Jo Williams was taken through the journey of a typical patient and witnessed demonstrations of some of the cutting edge treatments provided by the Trust.

She spoke with both patients and staff as she visited the Day Lounge, the intensive care unit and Cath Labs where she observed a live case of complex ablation using a 3D mapping system for the treatment and cure of atrial fibrillation - which is the most common cardiac arrhythmia affecting almost 1 million people nationwide.

On her visit Dame Williams said

Our focus (at the CQC) is to ensure that all providers of healthcare do so in a safe way, providing quality services to their patients. I know from their reputation that the Liverpool Heart and Chest Hospital view safety and patient satisfaction as their most important goals.

From what I have seen and heard today the hospital has a clear view of what it wants to deliver to its patients and I am going away feeling inspired by the work that they are doing here to make that a reality.



# Trust to **Pilot New** Volunteer Scheme

Do vou have some time to spare? Maybe you are looking for a pathway into work or you just want to provide some valuable support to our hospital?

If you have a minimum of half a day each week to spare on a regular basis (we are asking for an initial commitment of 3 months, October -December 2010), then please consider applying to become a hospital volunteer.

We are piloting a new Volunteers Scheme to support our Customer Care Team in delivering our ambitious plans for improving the experience of patients and visitors during their hospital visit or stay. In this role, you will have opportunity to help in a number of ways, including:

- Meeting and greeting patients and visitors on arrival to the hospital
- Helping patients to their desired destination within the hospital
- Providing support within our hospital wards e.g. emotional support to our patients and relatives, helping with refreshments and keeping family rooms or information racks tidy

Importantly, you will acquire important information first hand about how well we are achieving our aims and provide us with feedback from your experiences that will help us to improve further our service to patients.

The role is unpaid, but the Trust will happily reimburse reasonable travel expenses in accordance with its published Expenses Policy.

Interested? All you need is to be reasonably active and have a friendly and caring disposition. Why not come along to our Volunteering Open Day to find out more.

The Open Day will take place on Monday 6th September between 9.30am - 11am. To book your place, please contact the Trust's Membership office on 0151 600 1410.

Acceptance onto the Volunteer scheme will require certain criteria to be met - more information will be available at the Open Day.



# **Our Patient Experience Vision for 2013**

What did Sir Steve Redgrave do when he won an unprecedented 4th gold medal? He set his sights even higher and focused his whole life on achieving an impossible 5th gold... done!

Being No.1 for overall patient care, again, is great and we know we can do even more and keep pushing the boundaries of great care. That's why we have a very clear vision of what we want to achieve for our patients and staff by 2013.

- · A bespoke welcome pack for every patient
- Meet and greet on arrival
- · Contract of care agreed with every patient
- · Hotel like service and surroundings
- Specialist Support Nurse throughout stay

We have represented our vision in the six steps of a patient's journey and will transform the way we deliver care in every one of these steps:

**Reputation** Everyone knows our name and patients get

excellent, compassionate and safe care guaranteed

every time.

**Arrival** First impressions count. The welcome is warm and

friendly. Even car parking is easy!

Patient Contract Our promise to the patient and theirs to us.

Stay Treated like old friends in a place that is more hotel

than hospital.

Treatment World class clinicians, leading edge treatment -

comes as standard.

After Stay After care service equalling the highest standards

worldwide.

Three key elements will help us make our vision a reality:

### Energy, Focus and Staff.

To help focus our energy the Patient Experience Delivery Plan clearly lays out how and when we will achieve each element of the vision

Our staff live and breathe our values of Excellent, Compassionate and Safe care. Their performance is reflected by the results of the National Inpatient Survey - Top performing hospital in the country for overall patient care

In our article on page 3 we refer to the membership surveys undertaken on our vision for the patient experience. It is encouraging to note that the responses were so positive and that 93% of our members were in favour of our patient vision.

Thank you to everyone for your continued support in this respect.



# The six steps of our Patient Experience Vision Reputation Arrival Patient Contract Stay Treatment After stay Why go anywhere else? They were expecting me! My care was planned with me and for me. They made me feel special. Are really knew what they were doing. Their support continued and my quality of life improved.

# Best Hospital in the Country for 'Overall Patient Care'

Liverpool Heart and Chest Hospital is celebrating after receiving the accolade of being the top performing hospital in the country for "Overall Patient Care" according to the Care Quality Commission's National Inpatient Survey 2009.

The Trust also received the highest scores in the country for the following

- Cleanliness of the hospital room or ward
- Doctors washing or cleaning their hands between touching patients
- Nurses washing or cleaning their hands between touching patients
- Doctors and Nurses working well together
- Staff answering questions about the operation or procedure
- Nursing staff not talking in front of patients as if they weren't there
- Patients did not feel threatened whilst in hospital by other patients or visitors
- Patients not wanting to complain about the care they received

Chief Executive, Raj Jain, said:

"Our patients have spoken and their assessment of our hospital is fantastic news for everyone involved at Liverpool Heart and Chest Hospital NHS Foundation Trust.

Our promise is to deliver excellent, compassionate and safe care to every patient, every day and it is very gratifying to note that our patients have again renewed their trust and confidence in our staff and the services our hospital provides.

This is a national survey and to win this accolade is exceptional and every credit must go to all our staff and volunteers. I am very proud of their efforts year on year and I am delighted that these results reflect their dedication and hard work".

This exceptional result was reinforced by further great praise received by the Trust from the Patient Environment Action Teams and the NHS Litigation Authority.

The Patient Environment Action Teams (PEAT) rated the trust as:

- 'Excellent' for Environment
- 'Excellent' for Food
- 'Good' for Privacy and Dignity

These are again fantastic results and recognise the work that is put in throughout the Trust to ensure that hospital food, cleanliness, infection control and patient environment are all delivered to an exceptionally high standard. The Trust only missed out on an 'Excellent' for Privacy and Dignity by the slenderest of margins, and a clear plan is in place to improve on this next year.

Particular praise was reserved for the Domestics and Estates teams as the results reflected on the continuous work they do across the Trust to ensure the facilities are safe, well maintained and clean. The Trust has maintained low infection rates with only one case of MRSA since February 2008.

The NHS Litigation Authority (NHSLA) awarded the Trust a Level 3
Assessment – the highest level possible. This really is great news for the patients, the staff and the hospital.

Patients continually ask staff to 'keep me safe' and achieving a Level 3 provides very strong evidence that the Trust has the infrastructure and staff to ensure this happens and that it is doing all it can to deliver patient care of the highest standard.

All of these results provide a great foundation for delivering the Trust's Patient Experience Vision.



**Raj Jain** Chief Executive

# Trust leads the way in delivering high quality care for patients that have had heart attacks or need bypass operations

Dr Glenn Russell, Medical Director, spoke of these results:

"Such results cannot be achieved 'overnight'. An immeasurable amount of hard work and dedication has been undertaken by our staff in order to achieve the quality targets the Trust has set for ourselves. These results demonstrate their success at delivering an exceptionally safe, quality effective care, contributing to an unrivalled patient experience.

Congratulations and well done all."

Results published on 18th June from the Advancing Quality (AQ) initiative have ranked the Trust as the top performing hospital in the North West for the delivery of heart attack and heart bypass procedures. Health Secretary, Andrew Lansley, attended the launch of these results, which were the first set published for all 25 North West Trusts since joining the scheme and proved to be fantastic news for Liverpool Heart and Chest Hospital. AQ uses a set of indicators which have been proven to improve patient safety and quality of care and the Trust achieved a compliance score of 99.41% for heart attack and 99.66% for heart bypass (Coronary Artery Bypass Graft) - the best performance in the region compared with those Trust's offering the same services. As a Trust we have also done well in the delivery of treatment of heart failure with 80.23%.

Advancing Quality was launched in October 2008 as a unique innovative improvement initiative designed to drive improvements and measure standards of hospital treatment in five key areas: heart failure, coronary artery bypass surgery, acute myocardial infarction, hip and knee surgery and pneumonia. The Trust has been involved in the Advancing Quality Programme since its

origination and part of the process is to benchmark against other Trusts in the region. The programme aims to save lives, reduce re-admissions, reduce complications and decrease the length of stay of patients, helping hospitals to reduce costs whilst maintaining high quality care. Essentially, giving the patient the right care, every time. This in turn attracts a financial reward which is ploughed back into further improving patient care and facilities.



# **Equity and Excellence:** Liberating the NHS



In July the new coalition government published a White Paper "Equity and Excellence: Liberating the NHS" signalling some of the biggest changes for the NHS since 1974.

Some of the themes of the White Paper include; a removal of bureaucracy with the abolition of Primary Care Trusts and Strategic Health Authorities by 2013; clinical leadership of commissioning with responsibilities for purchasing services transferred to GP consortia; a transfer of responsibility for managing Public Health through Local Authorities; and significant changes to both the numbers and responsibilities of the various regulatory

A period of consultation now follows with final legislation likely to be passed in the autumn/winter of 2010. For our Trust, we are well placed to remain successful in the new environment with our continued focus on quality, delivery of the Patient Experience Vision and investment in our leadership teams, underpinned by our sound financial position

We will keep you updated as the consultation evolves.

# Staff Summer Celebration incorporating Team of the Year



On the evening of Friday 9th July 2010 our Trust held it's first Staff Summer Celebration to incorporate "Team of the Year" awards at the Crowne Plaza Hotel, Liverpool City Centre. The awards have been introduced as part of our 'More than a Workplace' initiative for staff and aims to recognise and value our staff for the excellent care and treatment that is consistently being provided to our patients.

The Trust received an excellent response to these awards with many deserving nominations being received. These nominations highlighted the vast amount of innovation that is being undertaken throughout the hospital that can be shared as best practice with other teams to further improve our patient experience.



The quality of the nominations received was fantastic and from these 13 teams were short listed with six being identified as this year's finalists: the Cath Lab Multi Disciplinary Team, Clinical Nurse Practitioners, Domestic Services, Pulmonary Rehab Team. Telecommunications and The "A" Team - Ward A.

The awards commenced with the Telecommunications, Pulmonary Rehab and Clinical Nurse Practitioners teams receiving their 'special recognition' awards for their valuable contributions to patient care over the past twelve months.

The Cath Lab multi disciplinary and Domestic Services teams were then presented with 'highly commended' awards by Raj Jain, Chief Executive, Neil Large, Chair and representatives from sponsors Hill Dickinson and NHS Shared Business Services.

The Catheter Laboratory team was firstly congratulated for their real multi-disciplinary approach to working and the highly successful introduction of the Primary PCI service, which offers life saving care to heart attack victims. The impact this has had on patient care and improving mortality is proof of this team's steely determination to improve the patient experience.

The Domestic Services Department were next to be highly commended for keeping our hospital so spotlessly clean whilst playing such an important part of the infection prevention team, ensuring that our rates of infection are one of the lowest in the country. The team offers our patients both compassion and care - listening to our patients troubles and helping to reassure them.

Ward A were presented with the 2010 'Team of the Year' Award by Raj Jain. Neil Large and Phil Hope, representative from sponsors Medicash who sponsored the award. The 'A Team' had been selected for this award for their continuous excellent performance and ability to deliver high quality patient care, under sustained



pressure with over 100 admissions and discharges per week. Working positively and flexibly the team have demonstrated real team work to improve the patient experience

**Domestics** 

A special thank you to the following sponsors for making the evening possible for our staff - your support is much appreciated:



HILL DICKINSON



Additional thanks to Sean Styles, DJ for BBC Radio Merseyside who acted as Master of Ceremonies and brought with him plenty of humour to the evening; the Crowne Plaza hotel for their support in making the evening so special and serving us with such a delicious three course meal; the Dutch Flower Shop for their fabulous table decorations and last but not least to Ace Audio Visual for their work to provide the exemplary lighting and stage sets.

Here's to next year!



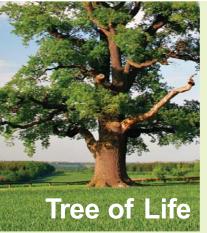






# **Heart** and **Chest** Hospital Appeal

a matter of life and breath



Our Hospital's "Tree of Life" has been created to recognise and cherish the people we love. Each leaf celebrates a person's life, whether they are a patient, family member, friend or just someone who has an interest in our hospital and the dedicated services we provide.

Please take a moment to consider how you can support our "Tree of Life" and ultimately help our Hospital's Appeal achieve its

By purchasing one of the brass leaves on our "Tree of Life" you can honour a loved one, commemorate an anniversary or birthday, or celebrate a special occasion by having your message engraved and placed on the "Tree"

In turn, the money raised could help our hospital obtain a new piece of equipment, improve our level of patient comfort and care, or enable the continuation of the ground breaking research into heart and chest disease that is undertaken at our hospital.

Our "Tree of Life" is prominently placed close to our Outpatients Department for all to see. Each leaf costs £250.00 and can be paid in instalments to suit your

For more details of the Tree of Life please contact 0151 600 1423.

# Date for your Diary **Ladies Day at Royal Ascot**

### Thursday 16th June 2011

Many years ago we organised a fundraiser for our hospital where a large number of appeal supporters and staff attended Royal Ascot on Ladies Day. It was a very successful event, raising quite a substantial amount for our Appeal. Due to popular demand we are considering repeating this event and would like to know how many people would be interested in attending.

The format would be the same and we would take the coach from LHCH at 6.00am on 16th June serving a champagne breakfast on departure. Lunch and entrance to the Grandstand would be included in the cost and we arrive home

This year Grandstand tickets cost £66.00 per person and, with this in mind, we would hope to keep the price of the tickets under £99.00.

If anyone is interested please let us know as soon as possible as the tickets sell out very quickly and we will need to reserve them well in advance.

**Contact the Fundraising Team** 



Salford City Reds rugby league team, recently put in a man of the match performance against St.Helens in the Super League.

After the match, Matty was interviewed live on Sky Sports and nominated the Liverpool Heart and Chest Hospital Appeal as the charity of his choice to receive a donation from the Super League sponsors, Engage Mutual Assurance



# Dear Friends

I would personally like to take this opportunity to thank everyone for all their continued support of the Liverpool Heart and Chest Hospital Appeal. It is a cause that is very close to my heart and one I am proud to chair. I really hope that 2010 - 2011 will be our most successful year to date and encourage you all to get involved with the events this year as every bit of help, no matter how small, makes a huge difference.

I would like to extend my thanks to all those who supported the Hope Mountain Hike. This is the fourth year we have held this event and it gets better each year with over 130 people taking part.

Special thanks to our local farmers for allowing us access; to our wonderful marshals for giving up their Sunday; Jo and Rob for providing the halfway halt, tea, coffee and roping in Nina and Phil to help with the catering both there and back at the barbeque; Bill for managing the kitchen

> and Don for the brilliant musical entertainment.

To Kate for stepping in at the last minute to lead the walk after our friend Sue, who has put in

so much time planning the route over the year, had a nasty accident the previous week and was in Walton Hospital! We wish her a speedy

Chairman's

message

Finally, I would like to extend our grateful thanks to Glendale Frozen Foods and Country Chef for supplying the food for this event.

Please, please watch out for all our events and give us your kind support, it really does help save lives.

Alan Birchall

Chairman of Liverpool Heart and Chest Hospital Appeal

# **Contact Us**

Carol Kirkham, the Trust's Fundraising Manager of 7 years, recently left the Trust for pastures new. On behalf of the Trust we would like to send a big thank you to Carol for all her hard work, dedication and continued support of the appeal to date.

The PR and Communications Team are now the point of contact for the appeal and are really excited about the next 12 months which will see the launch of a range of new fundraising initiatives. You can contact the Team as

By Phone: 0151 600 1423

By Email: Ihchappeal@Ihch.nhs.uk

Fundraising Office, Liverpool Heart and

**Chest Hospital NHS Foundation Trust, Thomas Drive, Liverpool L14 3PE** 

We look forward to hearing from you!



# **LHCH Appeal Donor Form**

# I would like to support the Liverpool **Heart** and **Chest** Hospital Appeal

TAX PAYERS - PLEASE REMEMBER TO 🗸 WHEN YOU GIVE giftaid it

Please gift aid all donations I make from the date of this declaration until I notify you otherwise.

For every pound you give us, we get an extra 28 pence from the Inland Revenue. It doesn't cost you a penny.

To qualify for Gift Aid, what you pay in UK income tax or capital gains tax must at least equal the tax that the Liverpool Heart and Chest Hospital Appeal will reclaim on your donations in the tax year.

Please accept my donation of £ Please treat this as a 'Gift Aid' donation Cheques should be made payable to 'Liverpool Heart and Chest Hospital Appeal' or credit card details can be given below:

Mastercard [		Visa [		SWITCH	Switch		
Name							
Address							
		Post Code					
Tel No.							
Email							
Card No:							
ssue Date:		Expiry dat	te:	/			
ssue No:	_	Security C	Code:		-		
Signature:							

Liverpool Heart and Chest Hospital Appeal Liverpool Heart and Chest Hospital NHS Foundation Trust Thomas Drive, Liverpool L14 3PE





As our most successful year to date we would like to take the opportunity to thank everyone who took part and especially to Appeal Chairman, Alan Birchall and his partner Ruth Bellis who kindly opened up their home for the event. We are already looking forward to next year's event and hope to see even more of you there then.

